

## 10-Day \$1K Challenge – Your Glow-Up Savings Plan

### ■ How It Works

Welcome to BudgetGlow's power plan to help you save \$1,000 in 10 days.

Whether you're trying to pay off a bill, invest, or glow up on a budget—this challenge is built for quick wins.

### ■ Prep Checklist

- Open a free savings account (like Chime or SoFi)
- Write down your “why”
- Print this challenge or use it in your notes app
- Tell a friend = instant accountability

### ■ Day 1 – The Big Trim

Cancel 2 unused subscriptions.

Call your phone/internet company and ask for a discount.

Save: \$50–\$100/month

Mindset: “Every dollar I keep is a dollar earned.”

### ■ Day 2 – The \$100 Quick Flip

Sell 3 items on Facebook Marketplace, OfferUp, or Mercari.

Goal: Make \$100

Mindset: “My clutter has value.”

### ■ Day 3 – Cash-Only Challenge

Only spend with cash today.

Meal prep using pantry items.

Save: \$30–\$60

Mindset: “Discipline is freedom.”

### ■ Day 4 – Side Hustle Sprint

Sign up for 1 fast gig: Instacart, DoorDash, or TaskRabbit.

Work 2–3 hours.

Goal: Earn \$75–\$150

Mindset: “I don't wait for money, I create it.”

### ■ Day 5 – No-Spend Day

No spending today.

Fill your time with free things: YouTube workouts, journaling.

Save: \$20–\$80

Mindset: “Peace over impulse.”

### ➤ ■ Day 6 – DIY Glow-Up

No beauty purchases today—use what you already have.

Try a DIY self-care night.

Save: \$30–\$60

Mindset: “I can glow without going broke.”

■ Day 7 – Freelance for a Bag

Offer a skill on Fiverr or Upwork.

DM 3 people offering services.

Goal: Land a \$50 gig

Mindset: “My skills are currency.”

■ Day 8 – Cash Back Hustle

Sign up for Rakuten or Ibotta and upload receipts.

Stack rewards and refer friends.

Earn: \$25–\$100

Mindset: “Smart shoppers win twice.”

■ Day 9 – Budget Check-in

Review your spending habits.

Set monthly glow-up goals.

Save: \$50

Mindset: “I control my money, not the other way around.”

■ Day 10 – Pitch & Profit

Send 5 pitches for deals, jobs, or clients.

Add a \$5 printable to your blog.

Goal: Make \$100+

Mindset: “Closed mouths don’t get fed.”

■ Final Count-Up Page

Total Saved: \$\_\_\_\_\_

Total Earned: \$\_\_\_\_\_

\$1K GOAL REACHED? YES / ALMOST

■ Stay Connected

- More budget glow-ups at [BudgetGlow.com](https://BudgetGlow.com)

- IG: @yourhandle

- ■ Subscribe for exclusive freebies and deals!